

## Equity, Diversity & Inclusion

### Curriculum Resources for Teachers

- ❖ [Making Space: Teaching for Diversity and Social Justice Throughout the K-12 Curriculum](#) is designed to help teachers in virtually every subject area find ways to promote awareness and understanding of diversity, support the achievement of social justice for all people and groups, and address injustice faced by those who historically have been and today frequently continue to be marginalized, ignored, or subjected to discrimination or other forms of oppression.
- ❖ [Healthy Schools BC](#) houses a number of evidence-based resources to support student inclusion. Strong scientific evidence demonstrates that increased student connection to school decreases bullying and other negative behaviors while promoting educational motivation, classroom engagement, academic performance, school attendance and completion rates. Learn how BC schools and districts are helping students feel more connected to their schools. Find resources and tips on making your own school or district more caring and welcoming.
- ❖ [Anti-Oppression in Early Education](#) The Hope Inclusion Project Committee seeks to promote an inclusive culture where all in the community can work, play, and learn in a supportive environment. *Together We Thrive* is the first B.C. designed curriculum that offers intersectional social justice education in the early years. Literacy is the foundation of this curriculum. Eight timeless picture books anchor ready-to-teach lesson plans that address the intersectional nature of systemic oppression. Through storytelling, place based learning, and design thinking, teachers and students will grow together in their critical awareness and practice of equity.
- ❖ [Anti-racism education in British Columbia](#) is a resource from the BC Ministry of Education that was created by teachers from diverse backgrounds that can help other educators incorporate anti-racism education into their teachings. Topics include connecting anti-racism to BC Core Competencies and Curricular Competencies and more.



## Workshops and Guest Speakers

- ❖ [Roots of Empathy](#) is a long-standing evidence-based classroom program that has shown significant effect in reducing levels of aggression among school children, including bullying, while increasing prosocial behaviors such as empathy, kindness, caring and inclusion. At the heart of the program are a neighbourhood infant and parent who engage students in their classroom. Over the school year, a trained Roots of Empathy Instructor guides the children as they observe the relationship between baby and parent, understanding the baby's intentions and emotions. Through this model of experiential learning, the baby is the "Teacher" and a catalyst, helping children identify and reflect on their own feelings and the feelings of others.

## Additional Resources for Schools

- ❖ [Learning to be Anti-Racist: An Introductory Course](#) is designed to aid educators in learning to support a diverse classroom. In this course, participants will develop a deeper understanding of what anti-racism is and how to identify racism in a classroom environment. This course supports the journey for an inclusive education for all and for an end to racism in BC's education system.
- ❖ [Inclusion Outreach](#) provides a four-part series in which educators can learn the best way to create an inclusive classroom environment for students with diverse abilities. The four courses include 1. [Creating a Culture of Inclusion](#), 2. [Individual Learning Differences](#), 3. [Instructional Strategies](#), and 4. [Program Planning](#). Each course builds upon its previous counterpart, while participants have the opportunity to check their knowledge through discussion questions and quizzes.
- ❖ [Resilience BC](#) offers helpful resources that you can watch, listen or read. These resources include work on anti-hate, diversity, reconciliation and more.



## Resources for Students, Parents and Families

- ❖ [Diverse Family Roots Society](#) is a Kootenay area BC family-driven support network for families with diverse abilities. This platform offers resources, support, mentoring and more. Resources available cover topics such as autism, disabled women, inclusive communities and more.
- ❖ [Resilience BC: Find Your Community Network](#) allows any student, parent or family to find a community network that aims to reduce hate, racism and oppression. The community network provides communities access to contacting their local Resilience BC Anti-Racism Network member.



*The Interior Health Healthy Schools Team endeavours to create free or low-cost, evidence-based resources recommended by our health and school partners, especially those that align with the B.C. Curriculum. This is not an exhaustive list of all the resources available on this topic and we encourage educators to ensure each resource is appropriate for their class or school. Please contact us with any suggested changes or additions at [healthyschools@interiorhealth.ca](mailto:healthyschools@interiorhealth.ca).*

*To explore other toolkits, visit [Healthy Schools Teaching Toolkits](#).*